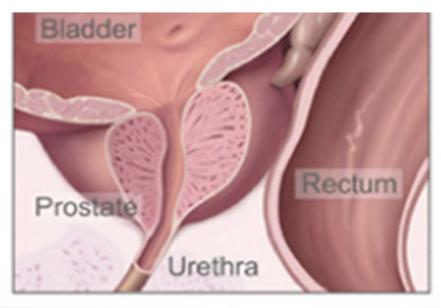
# Mechanical Characterization of Human Prostate

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#### What is the Prostate?

- Part of male reproduction system
- Secret and store alkaline fluid that make up 20% semen volume
- Fluid help prolongs sperm survival
- Have smooth muscles to aid semen ejaculation



Wikipedia

#### Prostatic Fibrosis & LUTS

- Prostatic Fibrosis
- 1. Increase tissue stiffness
- 2. Common in aging man
- Lower Urinary Tracks Symptoms (LUTS)
- 1. Urgency, weak urinary stream, frequency
- 2. May lead to bladder dysfunction, urinary tract infections, and others

## Purpose

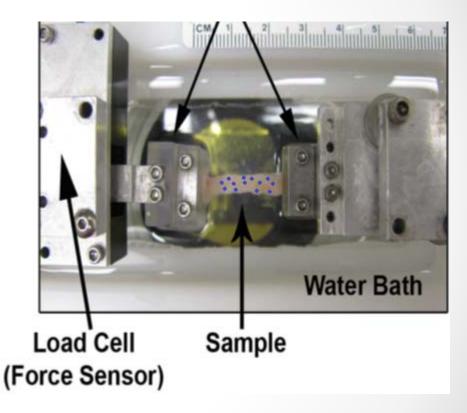
- Prostate Fibrosis is an unexplored mechanism that may contribute to LUTS
- Profound interest using finite element modeling (FEM) to study biomechanical properties of the prostate
- Relate tissue response to disease symptoms

#### Overview of methods

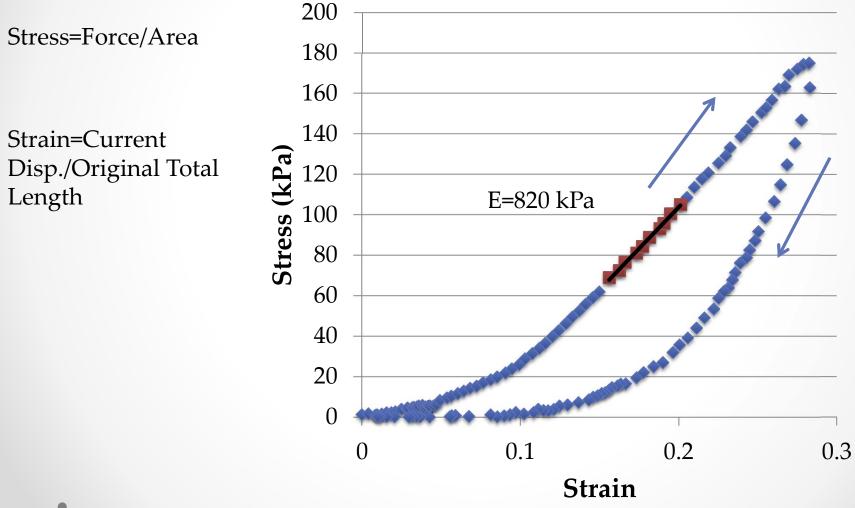
- Tissue procurement
- Mechanical testing
- 1. Uniaxial loading-unloading test
- 2. Data processing
- Finite Element Modeling (FEM)
- 1. Arruda-Boyce constitutive model
- 2. Mechanical testing simulation
- 3. Prostate gland modeling

### Mechanical Testing

- Uniaxial load-unload mechanical testing
- 1. Prostate specimen gripped and submerged in saline
- 2. Brushed with 25 µm diameter glass beads
- 3. Loading at 0.01/sec strain
- 4. Data acquisition using video camera (displacement) and tensiometer (force), controlled and synchronized using LabVIEW



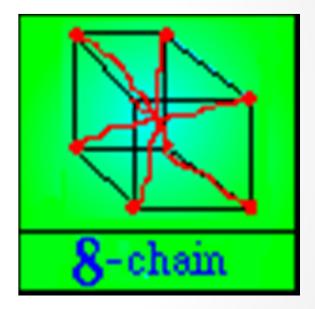
# Loading-Unloading Example



#### Finite Element Modeling

Arruda-Boyce Hyperelastic model

- Based on Langevin chain statistics: Models material cube with eight chains in diagonal directions
- Chains mimic collagen and elastic fiber, soft tissue's main constituents
- Reflects physics of macroscopic deformation from microscopic components



Liu et. Al 2004

#### Finite Element Modeling

Form of Arruda-Boyce strain energy function used in ABAQUS software The parameters used are  $\mu_0$ ,  $\lambda_m$ , D

$$\begin{split} U = & \mu \bigg\{ \frac{1}{2} (\overline{I}_1 - 3) + \frac{1}{20\lambda_m^2} (\overline{I}_1^2 - 9) + \frac{11}{1050\lambda_m^4} (\overline{I}_1^3 - 27) \\ & + \frac{19}{7000\lambda_m^6} (\overline{I}_1^4 - 81) + \frac{519}{673750\lambda_m^8} (\overline{I}_1^5 - 243) \bigg\} + \frac{1}{D} \bigg( \frac{J_{e\ell}^2 - 1}{2} - \ln J_{e\ell} \bigg), \end{split}$$
$$\\ & \mu_0 = \mu \big( 1 + \frac{3}{5\lambda_m^2} + \frac{99}{175\lambda_m^4} + \frac{513}{875\lambda_m^6} + \frac{42039}{67375\lambda_m^8} \big). \end{split}$$

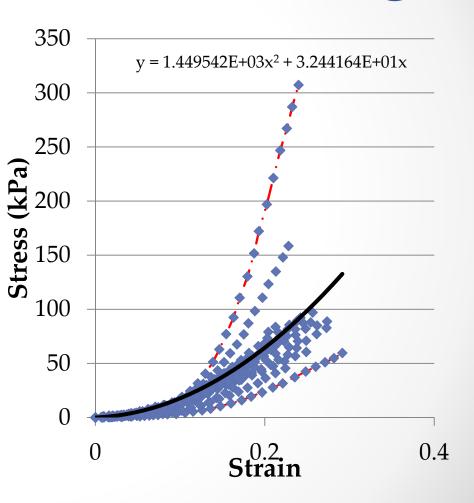
 $\overline{I}_1 = \overline{\lambda}_1^2 + \overline{\lambda}_2^2 + \overline{\lambda}_3^2,$  $K_0 = \frac{2}{D}.$ 

#### Finite Element Modeling

• Start with an estimation of parameters, then trial and error to approach test data average

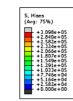
1.  $\mu_0=E/3$ , since material assumed to be incompressible  $\mu_0=[20, 30, 40, 60, 100kPa]$ 2. Bulk modulus (K) 100 to 1000 times of shear modulus, D=2/K D=[1E-6, 1E-7, 1E-8] 3.  $\lambda_m=1.05$ , 1.01, in reference to previous studies.

 $\lambda_m = [1.05, 1.01, 1.001, 1.0001]$ 



#### Uniaxial Loading Simulation

Step: Uniaxial Frame: 0 Total Time: 0.000000





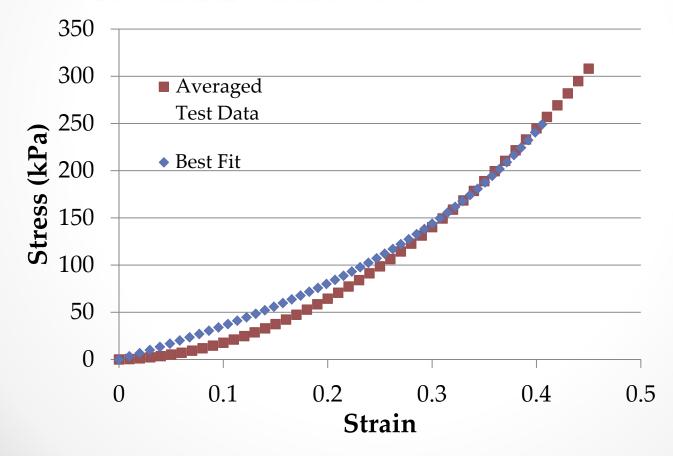
Uniazial Testing ODB: PrastateSample.adb Abaquzy'Standard 6.11-1 Thu Aug 11 12: JD: 46 Eastern Daylight Time 2011



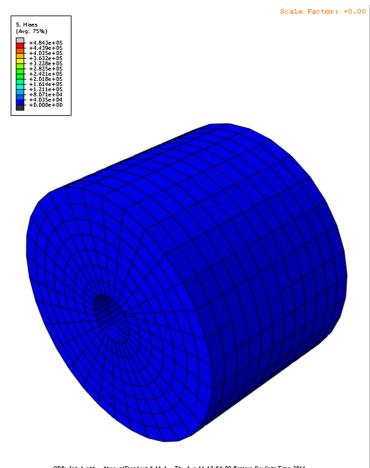
Step: Uniquial Tensible Test, Uniquial Tensible test of JDMs studin displacement, JD sec, rate D.D1/s Incement - D. Step Time = 0.000 Primary Var: S. Hags Deformed Var: U. Deformanian Scale Factor: +1.000e+00

#### Results

- Prostate samples are viscoelastic and hyperelastic
- Best Fit:  $\mu_0 = 33kPa, \lambda_m = 1.001, D = 1E 8$



#### **Prostate FEM**

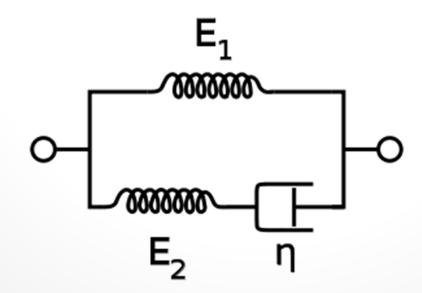


ODB: Jab-1.adb Abagus/Standard 6.11-1 Thu Aug 11 13: 54: 09 Eastern Daylight Time 2011

Step: Displacement, Prozate (nner Urethra displacement (norement - DD: Step Time = - DD.DD Primary Var: S. Mioza Deformed Var: U - Deformation Scale Factor: +1.00De+DD

#### Discussion and Future Works

- Need to implement viscoelastic part into model
- 1. Difficult to realize curvature at lower strain levels, may be because lack of visco element or we need to apply a different nonlinear model to match initial curvature
- 2. May possibly implement standard solid model with nonlinear springs instead of linear springs in the future



#### Discussion and Future works

- Diseased prostate modeling
- 1. Test diseased prostate samples in the future
- 2. Expect less deformation, since prostate with fibrosis is stiffer
- 3. Comparison between reactions of healthy and diseased models will enable us to observe the biomechanical effect of fibrosis and relate that to Lower Urinary Track Symptoms (LUTS)

#### Discussion and Future Works

- Improvement in prostate model shape
- 1. Current simple model is appropriate for analyzing response of only tissue around urethra
- 2. Need accurate representation to include geometrical effects over whole prostate
- 3. Magnetic Resonance Imaging (MRI) pictures could be used to reconstruct model with accurate dimensions

#### Thank you for listening!